

PE Nightmare

Verse 1 The weather's quite inclement,
It's cold and blustery.
A wet and windy day,
And there's torture on the way
'Cause we've got 'outdoor' PE.
It's like a time-bomb's ticking
As we wait to hear the call...
"Come on, Get changed! Quick march! Line up
Outside against the wall!"

Verse 2 We're waiting for the stragglers
Who say they've lost their kit.
We shiver and we shake,
And we quiver and we quake
'Cause the wind's picked up a bit.
As we turn blue, our teacher
Finds it so hard not to gloat,
While we're in flimsy vests and shorts
She wears her winter coat!

Verse 3 We jog twice round the field,
A 'warm-up' as it's known.
That's such a stupid phrase,
And it's really not the case
'Cause we're frozen to the bone!
We're jumping over puddles
And the spots where dogs have 'been',
While trying, without much success,
To keep our trainers clean.

Verse 4 The nightmare now is over,
At least until next week,
When I will bring a note,
Which I'll say the doctor wrote,
Diagnosing my flat feet!
But then a spanner's thrown
Into this cunning little scheme.....
The teacher's made me captain
Of the school cross-country team!

Slightly anxious! ♩ = 150

PE Nightmare

Music & lyrics by Andrew Oxspring

Voice **D** **D** **G** **A7** **D**

Piano

V.1. The
V.2. We're
V.3. We
V.4. The

wea - ther's quite in - clem - ent, it's cold and blus - ter - y. A
wai - ting the strag - glers who say they've lost their kit. We
jog twice round the fie - ld, a 'warm - up' as it's known. That's
night - mare now is o - ver, at least un - til next week, when

A7 **A7** **A7**

wet and win - dy day and there's tor - ture on the way 'cause we've got 'out - door' P
shi - ver and we shake, and we qui - ver and we quake 'cause the wind's picked up a
such a stu - pid phrase and it's not real - ly the case 'cause we're fro - zen to the
I will bring a note, which I'll say the doc - tor wrote, di - ag - no - sing my flat

D **G** **D** **A7** **To CODA after V.4.**

E. It's like a time - bomb tick - ing as we wait to hear the
bit. As we turn blue our tea - cher finds it so hard not to
bone! We're jump - ing o - ver pud - dles and the spots where dogs have
feet! But when a span - ner's thrown in - to this cun - ning lit - tle

16 **B7** 17 **G** 18 **D** 19 **A7**

call... (spoken) "Come on! Get changed! Quick march! Line up (sung) out - side a - gainst the
gloat, while we're in flim - sy out vest much and suc - cess, she to keep her our win - ter
'been', while try - ing, with - out much suc - cess, she to keep her our train - ers

20 **D** 21 **B7** 22 **B7** 23 **G**

wall." scheme.... The tea - cher's made me
coat! clean.

D.C. for V.2/3/4 then CODA **CODA B7**

24 **D** 25 **A7** 26 **D** **Db** **D**

cap - tain of the school cross - coun - try team!